

HSER 140: Individual Counseling

This course provides an introduction to counseling skills and theory. Learners will practice interviewing and micro-skills through role-plays and will be exposed to theories of counseling, assessment, treatment interventions, and ethical guidelines for work in the field of human services and the helping professions.

Credits: 3

Prerequisites: Placement in ENG 100 or equivalent or Instructor approval

Program: [Human Services](#)

Recommended Prep: HSER 100, Basic computer and Internet navigation skills needed